

# The Manger & Stables Bistrot



The Manger, Bradfield Combust, Bury St Edmunds, IP30 0LW  
Tel: 01284 386516. Fax: 01284 386950

## STARTERS & SMALL PLATES

### SOUP OF THE MOMENT

A home-made soup prepared freshly by the chef & served with warm crusty bread

£4.75

### PRAWN COCKTAIL

Plump juicy north Atlantic prawns sat on a bed of lettuce, topped with our own Marie rose sauce & buttered wholemeal bread

£5.95

### FISH CAKES

Flakes of smoked haddock, mashed potato & spring onion, given a lightly seasoned flour dusting & fried. Served with a salad garnish & a dill & pernod mayonnaise.

£6.25

### GARLIC MUSHROOMS

Button mushrooms coated in a crispy crumb then deep fried. Served with our own garlic dip.

£5.75

### WHITEBAIT

Crispy fried whitebait. Served with buttered wholemeal bread & a wedge of lemon

£4.95

### NACHOS

Tortilla chips smothered in a tangy salsa, jalapeno peppers & melted cheese. Topped with sour cream

£5.65

### GARLIC BREAD

With cheese

£2.15

£3.15

## Large plates

### Pub classics

#### **SOMERSET CHICKEN**

*A tender chicken breast topped with bacon & cheese in a creamy cider, rosemary & sage sauce. Garnished with mushrooms & apples. Served with chips, peas & a salad garnish*

**£11.95**

#### **CHICKEN KIEV**

*A plump breast of chicken filled with garlic butter, coated in breadcrumbs and deep fried till golden brown. Served with chips, peas & a salad garnish*

**£8.55**

#### **LASAGNE**

*Layers of flat pasta, prime mince beef and béchamel sauce, topped with grated cheese. Served with chips & a salad garnish*

**£9.50**

#### **LAMB ROQAN JOSH**

*Tender pieces of Lamb in a medium hot curry sauce with tomatoes, onion, coriander & spices. Served on a bed of white rice & a Chota Nan*

**£10.75**

#### **REDCURRANT LAMB**

*Tender lamb slowly cooked on the bone in a jus of redcurrants, rosemary & garlic. Served with garlic mash & fresh vegetables*

**£15.95**

#### **LIVER & BACON CASSEROLE**

*Tender thin slices of lambs liver braised with onions & herbs & finished with a slice of back bacon. Served with new potatoes & fresh vegetables*

**£9.75**

#### **PORK MOUTARDE**

*Tender pork steaks, grilled & smothered in a creamy grain mustard sauce. Served with chips, peas & a salad garnish*

**£10.50**

#### **POTATO ALTERNATIVES**

*Don't fancy chips or the potato your chosen meal is usually served with, then change it for one of the following:*

*Savoury diced potatoes, Jacket potato, mash potato, new potatoes or you can even have your meal with just a salad bowl*

## Vegetarian

### **VEGETABLE LASAGNE**

Layers of pasta with spinach, mushrooms & tomatoes in a traditional Italian sauce, topped with cheese. Served with chips & a salad garnish

£8.95

### **BRIE, POTATO, COURGETTE & ALMOND CRUMBLE**

A thick creamed brie sauce with layers of potato and courgette topped with breadcrumbs, almonds, cheeses, sesame seeds & parsley crumble. Served with fresh vegetables

£10.25

### **CHICKPEA, SWEET POTATO & SPINACH CURRY**

Chickpeas, sweet potato, onion & spinach in a coconut sauce with spices & garlic, finished with fenugreek & curry leaves. Served on a bed of basmati rice accompanied by a chota nan

£10.25

## From The Grill

### **80Z RUMP STEAK**

£14.50

### **80Z SIRLOIN STEAK**

£16.75

### **PORK LOIN STEAK** Three grilled pork steaks

£11.65

### **GAMMON STEAK** 8oz gammon steak grilled & topped with egg or pineapple

£12.40

**THE MANGER GRILL (Approx 20 oz's of meat)** Rump steak, lamb chop, pork steak, gammon, sausage & chicken breast, all topped with a fried egg

£16.90

### **PEPPERCORN, STILTON OR DIANE SAUCE**

£2.20 each

ALL ITEMS FROM THE GRILL ARE SERVED WITH CHIPS, GRILLED  
TOMATO, MUSHROOMS, ONION RINGS & PEAS.  
PLEASE ASK YOUR SERVER IF YOU WOULD LIKE SOMETHING ELSE TO  
ACCOMPANY YOUR MEAL

## From The Sea

### **LUXURY CHUNKY FISH PIE**

*Chunky pieces of cod, smoked haddock & salmon combined in a cream, sauce with a hint of mustard & lemon zest. Topped with mashed potato & baked till golden.*

**£11.95**

### **PLAICE BERNADOTTE**

*A plaice fillet topped with prawns & mature cheddar cheese then grilled till golden*

**£14.10**

### **BREADED PLAICE**

*A fillet of plaice coated in a crispy crumb & deep fried till golden*

**£9.95**

### **WHOLE TAIL SCAMPI**

*Whole scampi coated in breadcrumbs and deep fried till golden brown served with chips & peas*

**£9.25**

### **COD IN BATTER**

*A cod loin covered in our own IPA beer batter & deep fried*

*Regular*

**£10.75**

*Large*

**£12.75**

### **PAN FRIED HADDOCK & MASH**

*Two Haddock fillets with a lemon & pepper coating, pan fried & served resting on a bed of cheesy mash & mushy peas*

**£11.75**